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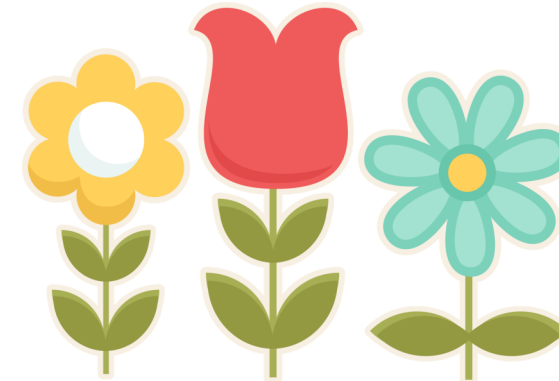


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# Southern Nash Senior Center

8180 Stoney Hill Church Road ~ Bailey, NC 27807  
Phone (252) 235-4303 Fax: (252) 459-8546

## THE SENIOR SCOOP *Special Edition*



### A Message from the Staff:

Hello Southern Nash Senior Center friends and family! We are so sorry that we are not able to open our doors to the public during this unprecedented time. We hope that you are taking all of the necessary precautions and are staying well! We want to make sure you know how much we care about you and how much you mean to us at the Southern Nash Senior Center. Our senior center would not be the fun and lively place that it is without each of you who enters through our doors. We miss the sounds of conversation and laughter throughout the center, and we can't wait to welcome you back to your "home away from home" as soon as possible. Although our doors are closed, please know that you can still call us at 252-459-7681 if you need information, assistance, or just want to hear a familiar voice. We hope to see you soon!

**Allison Barrett, Merredith Bulluck, & Catherine Coats**



<https://www.facebook.com/nashseniorcenter>

### SPRING WORD SEARCH

NEST  
SEASON  
BUNNY  
KITES  
MAY  
SUNSHINE  
BLOSSOM  
BUTTERFLY  
BEES  
GREEN  
RAINBOW  
EGGS  
MARCH  
PICNIC  
SEEDS  
EASTER  
CHICK  
WARM  
GARDEN  
BIRDS  
FLOWERS  
APRIL  
SPRING

B I B I R D S V U Z E P T O G C C F O Q  
E O D Z Z Z E O M Z I A B Q O T H S T Q  
B H W E W F A N L A B C Q L Y E F I I B  
J E K A Y I S S S P R I N G O N B Q C U  
R C E I E U T E F E W C W T P S X A O K  
L W E S T J E E S U N S H I N E S R L B  
T B R M T E R D Y Q T U L I P G Y O B U  
E G G S J Z S S H X N N P G W O O I M T  
U Q Z E E G A R D E N X C I N S J R F T  
S M P E B J K M Z X X V P L K L V U Q E  
P I C N I C Z Q M M C S E A S O N R D R  
F N E S T U M A H U M A F L O W E R S F  
D W A R M R A I N B O W Q U W Z I D T L  
O A C Z S L Y O S K A I K W B U N N Y Y  
G W F E J G R E E N Q V V F D M R J Q E  
G Q Y H F M O A P R I L D W E X G I R Z

## ANNOUNCEMENTS

### Savannah, Jekyll Island & Beaufort, SC Trip

It is an honor and privilege that you entrust your vacations with Nash County Senior Services. Unfortunately, due to the ever changing situation that we are currently faced with regarding COVID-19, all Diamond Tours Trips have been cancelled until June 1, 2020.

Based on input from our fellow travelers, the Nash County Senior Center & the Southern Nash Senior Center have decided to reschedule the trip to Savannah, Jekyll Island and Beaufort, SC to **November 30-December 4, 2020.**

To all registered travelers, if you are **UNABLE** to attend this rescheduled trip, please contact Morgan Doughtie at 252-462-2730 so that we can confirm that we have the correct information in order to process your refund.

If you have any questions, please feel free to contact Morgan Doughtie directly at (252) 462-2730.

### Down East Senior Games

The Down East Senior Games Committee is closely monitoring the situation at hand regarding the growing concern due to the COVID-19. As always, your safety and health are our first priority.

Unfortunately, we will have to postpone our games. At this time, North Carolina Senior Games (NCSG) has stated that we have additional time to reschedule events for State Finals qualification.

The Down East Senior Games Committee is working hard to make an alternative schedule that best fits our needs while also respecting the restrictions that have been put into place from various sites in our surrounding counties.

As of now, registration has been extended until May 1, 2020. All registrations must be dropped off or mailed to the Rocky Mount Senior Center as all other facilities associated with Senior Games are closed. You may also register online at <https://torch.ncseniorgames.org/>.

### CORONAVIRUS MEDICARE SCAM ALERT:

North Carolina Insurance Commissioner and State Fire Marshal Mike Causey encourages Medicare beneficiaries and caregivers to be on the lookout for potential scams during this public health pandemic.

As a reminder:

- Protect your Medicare number and only provide it to your doctor and Medicare providers.
- Be cautious of anyone going door-to-door to offer free coronavirus testing, supplies, or treatments.
  - Don't fall for scare tactics or time sensitive offers.

Call the Seniors' Health Insurance Information Program (SHIIP) at 855-408-1212 to report scam related activities during this time.

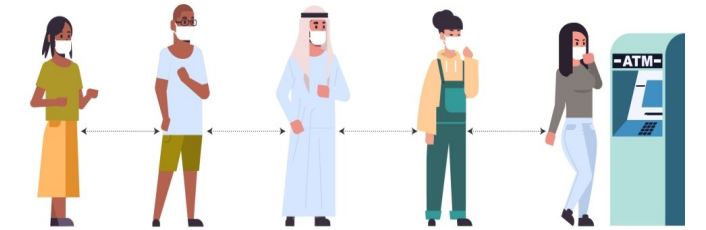
## COVID-19 INFORMATION

### NC 2-1-1

NC 2-1-1 is an information and referral service that families and individuals can call to obtain free and confidential information on health and human services resources within their community. NC 2-1-1 operates 24 hours a day, seven days a week, 365 days a year.

NC 2-1-1 can refer callers to the organizations in their local community best equipped to address their specific health and human services needs including food, shelter, energy assistance, housing, parenting resources, health care, employment, substance abuse treatment, as well as specific resources for older adults and for persons with disabilities, and much more. Simply dial 2-1-1 or TTY 888-892-1162 for assistance.

### Social Distancing



What is Social Distancing? Social Distancing is a term that epidemiologists are using to refer to a conscious effort to reduce close contact between individuals and hopefully slow down the community transmission of the virus COVID-19. Social Distancing is a distance of at least 6 feet from others to avoid close contact. Help your community by practicing Social Distancing!

### Nash County Services

In the interest of safety for our residents and employees, Nash County Manager Zee Lamb is asking citizens to use the county's online services before considering an in-person visit to any of our facilities.

"We are requesting that residents do business with the county through our services online, over the phone, or by email whenever possible. If you visit our website, [www.nashcountync.gov](http://www.nashcountync.gov), you will find a link to all of our services you can access remotely," Lamb said. "You can also find local information regarding COVID-19 from our website, our Facebook page, or ask Coronavirus related questions from our new hotline 252-459-9819."

Some Nash County services require in-person visits. Please call ahead to confirm a visit is necessary and make an appointment when possible.

Planning and Inspections: 252-459-9807

Public Utilities: 252-462-2436

Register of Deeds: 252-459-9824

Tax Office: 252-459-9824

Veterans Services: 252-462-2720.

For the complete list visit <https://www.nashcountync.gov/718/Online-Phone-Services>